

Sixty Seconds towards Spiritual Sanctification

A Ready Reference Guide to Spiritual Warfare and Resisting Temptation

Sins of the Soul

Matthew 15:19 For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies:

Acts 15:20 But that we write unto them, that they abstain from pollutions of idols, and from fornication, and from things strangled, and from blood.

2 Corinthians 12:21 And lest, when I come again, my God will humble me among you, and that I shall bewail many which have sinned already, and have not repented of the uncleanness and fornication and lasciviousness which they have committed.

Galatians 5:19 Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, 20 Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, 21 Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God. 22 But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, 23 Meekness, temperance: against such there is no law. 24 And they that are Christ's have crucified the flesh with the affections and lusts.

Ephesians 5:3 But fornication, and all uncleanness, or covetousness, let it not be once named among you, as becometh saints; 4 Neither filthiness, nor foolish talking, nor jesting, which are not convenient: but rather giving of thanks. 5 For this ye know, that no whoremonger, nor unclean person, nor covetous man, who is an idolater, hath any inheritance in the kingdom of Christ and of God. 6 Let no man deceive you with vain words: for because of these things cometh the wrath of God upon the children of disobedience. 7 Be not ye therefore partakers with them. 8 For ye were sometimes darkness, but now are ye light in the Lord: walk as children of light:

Colossians 3:5 Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry:

1 Thessalonians 4:3 For this is the will of God, even your sanctification, that ye should abstain from fornication: 4 That every one of you should know how to possess his vessel in sanctification and honour; 5 Not in the lust of concupiscence, even as the Gentiles which know not God: 6 That no man go beyond and defraud his brother in any matter: because that the Lord is the avenger of all such, as we also have forewarned you and testified.

1 Timothy 1:9 Knowing this, that the law is not made for a righteous man, but for the lawless and disobedient, for the ungodly and for sinners, for unholy and profane, for murderers of fathers and murderers of mothers, for manslayers, 10 For whoremongers, for them that defile themselves with mankind, for menstealers, for liars, for perjured persons, and if there be any other thing that is contrary to sound doctrine;

Revelation 9:21 Neither repented they of their murders, nor of their sorceries, nor of their fornication, nor of their thefts.

Revelation 22:15 For without are dogs, and sorcerers, and whoremongers, and murderers, and idolaters, and whosoever loveth and maketh a lie.

Seven Deadly Sins

Lust. *Matthew 5:28 But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.*

Gluttony. *Proverbs 23:21 For the drunkard and the glutton shall come to poverty: and drowsiness shall clothe a man with rags.*

Greed. *Ephesians 4:19 Who being past feeling have given themselves over unto lasciviousness, to work all uncleanness with greediness.*

Laziness. *Proverbs 15:19 The way of the slothful man is as an hedge of thorns: but the way of the righteous is made plain.*

Wrath. *Proverbs 15:1 A soft answer turneth away wrath: but grievous words stir up anger.*

Envy. *1 Peter 2:1 Wherefore laying aside all malice, and all guile, and hypocrisies, and envies, and all evil speakings, 2 As newborn babes, desire the sincere milk of the word, that ye may grow thereby:*

Pride. *Proverbs 16:18 Pride goeth before destruction, and an haughty spirit before a fall.*

Seven Abominable Sins

Pride. Lying. Murder. A heart full of wicked imaginations. Creating mischief. A false witness. Sowing discord.

Proverbs 6:16 These six things doth the Lord hate: yea, seven are an abomination unto him: 17 A proud look, a lying tongue, and hands that shed innocent blood, 18 An heart that deviseth wicked imaginations, feet that be swift in running to mischief, 19 A false witness that speaketh lies, and he that soweth discord among brethren.

Six Facets of Temptation

Time. *Ecclesiastes 3:1 To everything there is a season, and a time to every purpose under the heaven:*

Imagination. *Genesis 6:5 And God saw that the wickedness of man was great in the earth, and that every imagination of the thoughts of his heart was only evil continually.*

Pleasure principle. *2 Thessalonians 2:12 ... pleasure in unrighteousness.*

Choice. *Genesis 2:9 And out of the ground made the Lord God to grow every tree that is pleasant to the sight, and good for food; the tree of life also in the midst of the garden, and the tree of knowledge of good and evil.*

Action. *Genesis 3:6 And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat.*

Triumph or Tragedy. *Victory. 1 John 5:4 For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith. Defeat. Psalms 51:3 For I acknowledge my transgressions: and my sin is ever before me.*

Three Primary Sources of Temptation

Lust of the Flesh. *Matthew 4:3 And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.*

Lust of the Eye. *Matthew 4:8 Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them; 9 And saith unto him, All these things will I give thee, if thou wilt fall down and worship me.*

Pride of Life. *Matthew 4:5 Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple, 6 And saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone.*

God's Remedy Against Temptation

Memorize and assimilate the Scriptures. *Psalms 119:11 Thy word have I hid in mine heart, that I might not sin against thee.*

Submit to the known will of God. *James 4:7 Submit yourselves therefore to God. Resist the devil, and he will flee from you.*

Have a determined mind of resistance. *James 4:7 Submit yourselves therefore to God. Resist the devil, and he will flee from you.*

Make no provision for sinful activity. *Romans 13:14 But put ye on the Lord Jesus Christ, and make not provision for the flesh, to fulfil the lusts thereof.*

Maintain a conscious dependency upon the Holy Spirit. *Romans 8:13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.*

Practice self-mortification. *Colossians 3:5 Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry:*

Walk in love. *Ephesians 5:2 And walk in love, as Christ also hath loved us, and hath given himself for us an offering and a sacrifice to God for a sweet-smelling savour.*

Walk in the light. *Ephesians 5:8 For ye were sometimes darkness, but now are ye light in the Lord: walk as children of light:*

Renew the mind. *Romans 12:2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.*

Be vigilant. *1 Peter 5:8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:*

Redeem the time. *Ephesians 5:16 Redeeming the time, because the days are evil.*

Sing spiritual songs. *Colossians 3:16 Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.*

