

## Doctrine of How to Guard the Heart

1. The heart is guarded by memorizing Scripture.
  - *Psalms 119:11 Thy word have I hid in mine heart, that I might not sin against thee.*
2. The heart is guarded by gospel meditation.
  - *Philippians 4:8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.*
3. The heart is guarded by having no unconfessed sin.
  - *1 John 1:9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.*
4. The heart is guarded by fleeing from every appearance of evil.
  - Flee fornication. *1 Corinthians 6:18 Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body.*
  - Flee from idolatry. *1 Corinthians 10:14 Wherefore, my dearly beloved, flee from idolatry.*
  - Flee also youthful lusts. *2 Timothy 2:22 Flee also youthful lusts: but follow righteousness, faith, charity, peace, with them that call on the Lord out of a pure heart.*
5. The heart is guarded when the devil is resisted.
  - *James 4:7 Submit yourselves therefore to God. Resist the devil, and he will flee from you.*
6. The heart is guarded by residual doctrine in the soul. God has given to the church pastor-teachers to establish individuals in the faith so they can guard their hearts.
  - *1 Thessalonians 3:2 And [I, Paul, have] sent Timotheus, our brother, and minister of God, and our fellowlabourer in the gospel of Christ, to establish you, and to comfort you concerning your faith:*